

2010 GOPHER HILL RUN

(5K run and 2 mile fun walk)



Date-Time-Place: Saturday, October 2, 2010 at 8:00 AM. Start and finish will be at the Gazebo on Main Street, Corner of Main St. and Railroad Ave. Ridgeland, SC

Course Description: Start at Gazebo, and run through historic and beautiful Ridgeland. Great finish down Main Street and finish at the Gazebo.

Registration Fee: \$20.00 for pre-registered. Pre-register through September 20, 2010. Race Day registration is \$25.00. Race day registration 7:30am - 7:50 am. T-shirts guaranteed for Pre-registered runners only.

Awards: For the run only. Overall 1st & 2nd place awards for male & female. Recognition 2 deep in the following divisions:

MALE: 11 and under 12-15, 16-19, 20-29, 30-39, 40-49, 50+ and overall 5K male walker

FEMALE: 11 and under 12-15, 16-19, 20-29, 30-39, 40-49, 50+ and overall 5K female walker

No awards for the 2 mile fun walk

Awards Presentation: Approximately 9:15 AM

Information: Call Deborah Malphrus @ 843-726-3485 after 5p for any questions.

All pre-registered participants guaranteed a really cool t-shirt:

PARTICIPANTS UNDER AGE 11 MUST HAVE AN ADULT ACCOMPANY THEM ON THE COURSE

Mail completed form & entry fee to:

Deborah Malphrus
Post Office Box 1896
Ridgeland, SC 29936

Make Checks Payable to Gopher Hill Festival

Name _____

Address _____

City _____ State _____ ZIP _____

Phone _____

Birthdate _____ Age as of 10/02/10 _____

In case of emergency call _____

Gender:: Male ? Female ? _____

Circle Your T-Shirt Size: Youth (S, M, L) Adult (S, M, L, XL)

Circle your event: 5K Race 5K Walk 2 Mile fun walk

ATHLETE'S RELEASE: PLEASE READ, TO RUN THE RACE, YOU MUST SIGN AND DATE IT.

I know that running and walking is a potentially hazardous activity. I should not enter and participate in the Gopher Hill Run or Walk unless I am medically able and properly trained. I assume all risks associated with participating in the Run or Walk, including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself, and anyone entitled to act on my behalf, waive and release the GOPHER HILL COMMITTEE AND FESTIVAL ORGANIZERS, RACE SPONSORS AND ANYONE WORKING OR VOLUNTEERING AT THE EVENT, any and all members of these groups, and all further sponsors, their representatives, and successors, from all claims or liability of any kind arising out of my participation in the event, even though that liability may arise out of negligence or

carelessness on the part of the persons named in this waiver. I also grant permission to the foregoing to use any photograph, motion picture, recordings, or any other record of this event for any legitimate purpose.

Participant's Signature/Date

Parent or Legal Guardian's Signature if participant is
Under 18/ Date